

**First Reading** Sirach 3:17-20, 28-29

A reading from the book of Ecclesiasticus

*Humble yourself and you will find favour with the Lord.*

My son, be gentle in carrying out your business, and you will be better loved than a lavish giver. The greater you are, the more you should behave humbly, and then you will find favour with the Lord; for great though the power of the Lord is, he accepts the homage of the humble. There is no cure for the proud man's malady, since an evil growth has taken root in him. The heart of a sensible man will reflect on parables, an attentive ear is the sage's dream.

**The word of the Lord**
**Responsorial Psalm**

Ps 67:4-7. 10-11. R. v.11

(R.) God, in your goodness, you have made a home for the poor.

1. The just shall rejoice at the presence of God, they shall exult and dance for joy.  
O sing to the Lord, make music to his name; rejoice in the Lord, exult at his presence. (R.)
2. Father of the orphan, defender of the widow, such is God in his holy place.  
God gives the lonely a home to live in; he leads the prisoners forth into freedom. (R.)
3. You poured down, O God, a generous rain: when your people were starved you gave them new life.  
It was there that your people found a home, prepared in your goodness, O God, for the poor. (R.)

**The word of the Lord**

**Second Reading** Hebrews 12:18-19, 22-24

A reading from the letter to the Hebrews

*You have to come to Mount Zion and to the city of the living God.*

What you have come to is nothing known to the senses: not a blazing fire, or a gloom turning to total darkness, or a storm; or trumpeting thunder or the great voice speaking which made everyone that heard it beg that no more should be said to them. But what you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a 'first-born son' and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant.

**The word of the Lord**
**Gospel Acclamation**

Matthew 11:29

Alleluia, alleluia!  
Take my yoke upon you;  
learn from me, for I am gentle and lowly in heart.  
Alleluia!

**Gospel** Luke 14:1. 7-14

A reading from the holy Gospel according to Luke

*All who exalt themselves shall be humbled and all who humble themselves shall be exalted.*

On a sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, 'When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, "Give up your place to this man." And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say, "My friend, move up higher." In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.'

Then he said to his host, 'When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.'

**Gospel of the Lord**

# St. Mary's Parish Cowes Three Churches—One Parish

St Mary's—Cowes

Our Lady Star of the Sea—San Remo

St. Joseph's—Bass

Parish Priest: Father Manny Lomagno

Parish Secretary: Kerry Laughton-McConnon

6 Cowes Rhyll Road Cowes 3922 PO Box 878 Cowes 3922 Telephone 59 525 418 Email [cows@cdsale.org.au](mailto:cows@cdsale.org.au)

Office Hours: Wednesday 9.30am – 2.30pm Parish Safeguard Officer: Brendan Marrinon.

## Mass/Liturgy of the Word with Holy Communion Times

### Star of the Sea—San Remo

Tuesday 9.15am Mercy Prayer followed by  
the Rosary & Mass at 10am.

Mass Saturday 6pm

### St Joseph's—Bass

Mass Sunday 11 am

Adoration & Prayer Wed 7-8pm

St Mary's—Cowes Wednesday, Friday Mass 9am.

Mass Sunday 9am.

**Anniversaries:** We remember and pray for Dinny De Zwart,

Janice Shinnars

**Memorial:** St. Gregory the Great, Wednesday 3rd September

**Holy Hour:** St. Mary's, Cowes on Saturday 6th September beginning at  
10am and concluding with Benediction.

**Finance Committee Meeting:** Wednesday 3rd September at 2pm.



## REFLECTION

by Fr Michael Tate

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### Heaven Embossed Invitations

Hearing Our Lord's command: 'Invite the poor, the crippled, to the feast,' how do we respond as citizens of a nation which, in comparative global terms, is having a great feast? Jesus demands that we go well beyond an immigration policy which favours skilled and entrepreneurial people. They more than 'repay our courtesy' in terms of economic activity and social stability.

The majority of the poor and the crippled live in the subsistence villages, the refugee camps, and the squalor of the megacities of the Third World.

Heaven embossed invitations must be extended to such as those so that they may join in our national feast. Only then can we become the sort of people who, in the great Feast of Heaven, can join with those poor who are certain to be there.

We could pause for a moment to pray to put today's Gospel into effect so that we might hear Our Lord: 'Friend, join in the Feast. Be close to me.'



**Bass Prayer Group** on Monday 1st September at

7pm. Contact Wendy Power 56 782271. All

Welcome



**Bible Studies** on Wednesday, September 3rd at 10:00 am.

Any newcomers are most welcome. Enquiries to Nicholas  
on 0409 582 012.



### News from Our Lady Star of the Sea

Congratulations to Meila, Arianna, and Angus, who are making their Confirmation at Star of the Sea in San Remo this weekend.

On Tuesday, four students from 5/6 represented Our Lady Star of the Sea at the GippsSpell competition in San Remo. Well done to you all. As part of the Geography and History curriculum, our Year 1/2 students enjoyed a local excursion this week. They visited the Berninnet Cultural Centre to explore local history and artefacts, Churchill Island to learn about farming life and historical buildings, and the Nobbies Boardwalk to observe the coastal environment, wildlife, and natural features.



### Pope's Prayer intention for August

For mutual coexistence. Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confirmation for ethnic, political, religious or ideological reasons.



*We are a child safe parish. Any children, young persons and adults at risk have a right to feel safe and be safe. If you are concerned about any form of abuse, or believe that someone is at significant risk, you should immediately raise your concerns with our Parish Safety Officer. He can be contacted*

### FATHER'S DAY APPEAL FOR THE PRIESTS' WELFARE FOUNDATION OF THE DIOCESE OF SALE:

This fund supports the priests and deacons of our Diocese in times of sickness or retirement. At present the Foundation is supporting nine priests and three deacons and their wives in retirement and is responsible for the other priests, including our overseas priests, and deacons in time of sickness. The budgeted expenditure of the Foundation for them over the next year will be over \$200,000. This includes wages for a clergy care nurse (two days per week equivalent).

Online donations can now be made at

<https://www.cdsale.org.au/priestswelfarefoundation>

The foundation is most appreciative of your support for our priests and deacons in sickness and retirement. All donations of \$2.00 and over are tax deductible and a receipt for tax deduction purposes will be automatically sent if an email address is provided. Donations may also be made through your local Parish.

There are many **exciting events** happening across our **Diocese**! Stay informed and up to date by visiting the **Diocesan Events Page**. It's a great resource to find details on upcoming celebrations, gatherings, and important dates. Visit: <https://www.cdsale.org.au/>



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