



Catholic Diocese of Sale

Diocesan Virtual Pilgrimage to Our Lady of Perpetual Help

2020

Gathering

We gather around the icon of **Our Lady of Perpetual Help**, the patroness of our Diocese of Sale, to pray for our own needs, the needs of our parish and the wider Australian church, our nation and our world in this time of pandemic.

History of Icon

<https://redemptorists.net/redemptorists/devotion-to-omph/>

Since 1866 the Redemptorists have spread devotion to the Blessed Virgin Mary under the icon and title of Our Mother of Perpetual Help (also known as Our Lady of Perpetual Help).

According to tradition, the ancient Byzantine icon of Our Mother of Perpetual Help was stolen from a church in Crete, where many miracles had occurred. The image remained in the private possession of a Roman merchant and his family until 1499, when it was publicly displayed in the Church of St. Matthew in Rome between the Basilicas of St. Mary Major and St. John Lateran.

When St. Matthew's was destroyed in 1789, the icon was rescued and hung in an obscure monastery chapel until the Redemptorists learned that the site of their new headquarters in Rome had once been the site of St. Matthew's, the one-time home of a miraculous icon of Our Lady. A Redemptorist priest who as a young man had frequented the monastery chapel that displayed the icon informed his brothers where to find the image.

The Redemptorists asked Pope Pius IX for permission to move the icon to their new church, San Alfonso (dedicated to St Alphonsus Liguori, the Founder of the Redemptorists), which was built on the location of the icon's earlier home. The pope granted his permission and told the Redemptorists to "make her known throughout the world."

In 1890, Bishop Corbett, the first Bishop of Sale, brought home a copy of this original icon which had been blessed by Pope Leo. St Mary's Cathedral was dedicated (and re-dedicated in 1993, after Cathedral renovations) to Our Lady of Perpetual Help and she is the Patroness of the Diocese of Sale. As part of the Cathedral revocations in 1993, a beautiful new Marian shrine and chapel was built with the centrepiece being the icon of Our Lady of Perpetual Help, now displayed within a beautiful wooden triptych sculpted by Melbourne artist Eva Schubert. In 1994, Msgr John Allman organised the first Diocesan Pilgrimage to the Shrine.



Sign of the Cross

Opening Prayer

Mother of Perpetual Help, you have been blessed and favoured by God. You became not only the Mother of the Redeemer, but the Mother of the redeemed as well.

We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and his mercy is from age to age on those who love him.

Intercede for us, our Good Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, our Mother of Perpetual Help. We ask this through your Son, Christ our Lord.

All Amen.

Litany To Miriam *(sung or recited)*¹

Cantor

Lord, have mercy
Christ, have mercy
Lord, have mercy

All

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

Holy Mary, Mother of God
Mother of the Church
Mother of the world

**Pray for us
Pray for us
Pray for us**

Mother of Divine Grace
Mother of Good Counsel
Mother of our Saviour

**Pray for us
Pray for us
Pray for us**

Faithful follower of Jesus
Sharer in Christ's Passion
Seeker of God's will

**Pray for us
Pray for us
Pray for us**

Cantor: God here among us, show us your mercy,
 stay with your people, come to our help.

All: God here among us, show us your mercy,
 stay with your people, come to our help.



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First Luminous Mystery of the Rosary: Jesus is Baptised in The Jordan

Matthew 3:13-17. *Then Jesus came from Galilee to the Jordan to be baptized by John. But John tried to deter him, saying, "I need to be baptized by you, and do you come to me?" Jesus replied, "Let it be so now; it is proper for us to do this to fulfil all righteousness." Then John consented. As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."*



Decade of the Rosary: Lord's Prayer, Hail Mary (10), Glory Be

Litany To Miriam (sung or recited)

Cantor

Lord, have mercy
Christ, have mercy
Lord, have mercy

Mary, at Bethlehem
Mary, at Nazareth
Mary, at Cana
Mary, standing by the Cross
Mary, in the Upper Room
Mary, taken to heaven

Mary, model of humanity
Model of virtue and prayer
Image of the Church

All

Lord, have mercy
Christ, have mercy
Lord, have mercy

Pray for us
Pray for us
Pray for us
Pray for us
Pray for us
Pray for us

Pray for us
Pray for us
Pray for us



God here a - mong us, show us your mer - cy, stay with your peo - ple, come to our help.

Cantor: God here among us, show us your mercy,
stay with your people, come to our help.

All: God here among us, show us your mercy,
stay with your people, come to our help.

Second Luminous Mystery: The Wedding Feast of Cana

John 2:1-5. *On the third day there was a wedding in Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you."*



Decade of the Rosary: Lord's Prayer, Hail Mary (10), Glory Be

Litany To Miriam (sung or recited)

Cantor

Lord, have mercy
Christ, have mercy
Lord, have mercy

Virgin most free
Wife most loving
Spouse of Joseph

Mother most fulfilled
Mother of mothers
Mother we need

Joy of Israel
Honour of our people
Trusting Heart

Hymn of the Joyful
Advocate of Life
Guardian of the young

Companion of the pilgrim
Resort of the traveller
Protector of the exiled

Cantor: God here among us, show us your mercy,
stay with your people, come to our help.

All: God here among us, show us your mercy,
stay with your people, come to our help.

All

Lord, have mercy
Christ, have mercy
Lord, have mercy

Guide us to Christ
Guide us to Christ
Guide us to Christ

Guide us to Christ
Guide us to Christ
Guide us to Christ

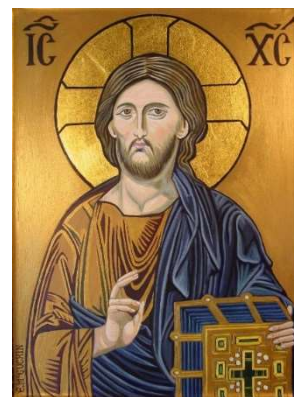
Guide us to Christ
Guide us to Christ
Guide us to Christ

Guide us to Christ
Guide us to Christ
Guide us to Christ

Guide us to Christ
Guide us to Christ
Guide us to Christ

Third Luminous Mystery: Proclamation of the Kingdom

Matthew 5:3,6. *“Blessed are the poor in spirit, for theirs is the kingdom of heaven...Blessed are they that hunger and thirst after justice, for they shall have their fill.”*



Decade of the Rosary: Lord’s Prayer, Hail Mary (10), Glory Be

Litany To Miriam (sung or recited)

Cantor

Lord, have mercy
Christ, have mercy
Lord, have mercy

Comforter of the sick
Nurse of the aged
Consoler of the widowed

Help to those in pain
Strength of the broken hearted
Champion of the oppressed
Defender of the poor
Hope of those forsaken
Courage for the heartsick
Voice of the unborn
Support of the family
Friend of the single

All

Lord, have mercy
Christ, have mercy
Lord, have mercy

Stand with us now
Stand with us now
Stand with us now

Stand with us now
Stand with us now
Stand with us now
Stand with us now
Stand with us now
Stand with us now
Stand with us now
Stand with us now
Stand with us now



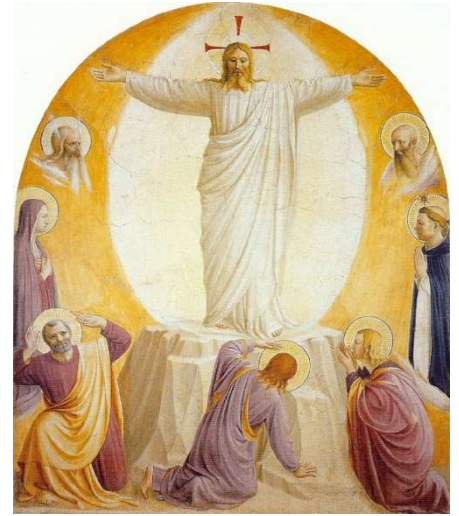
God here a - mong us, show us your mer - cy, stay with your peo - ple, come to our help.

Cantor: God here among us, show us your mercy,
stay with your people, come to our help.

All: God here among us, show us your mercy,
stay with your people, come to our help.

Fourth Luminous Mystery: The Transfiguration

Mark 9:2-7. *After six days Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him."*



Decade of the Rosary: Lord's Prayer, Hail Mary (10), Glory Be

Litany to Miriam (sung or recited)

Cantor

Lord, have mercy
Christ, have mercy
Lord, have mercy

Woman of humility
Woman of poverty
Woman of suffering
Woman of anxiety
Woman of hope
Woman of faith

Woman who listened
Woman who wondered
Woman who followed Him

Woman most whole
Woman of purity
Woman centred in God

Temple of the Holy Spirit
Woman who loved Him
Our Good Mother

Cantor: God here among us, show us your mercy,
stay with your people, come to our help.

All: God here among us, show us your mercy,
stay with your people, come to our help.

All

Lord, have mercy
Christ, have mercy
Lord, have mercy

Remember us to God
Remember us to God
Remember us to God
Remember us to God
Remember us to God
Remember us to God

Remember us to God
Remember us to God
Remember us to God

Remember us to God
Remember us to God
Remember us to God

Remember us to God
Remember us to God
Remember us to God

Fifth Luminous Mystery: The Institution of the Eucharist

Matthew 26:26-29.

Jesus took bread...and gave it to his disciples saying: 'Take this and eat it, this is My Body'...and taking the chalice: 'Drink of this, for this is My Blood of the New Testament, which shall be shed for many unto the remission of sins.



Decade of the Rosary: Lord's Prayer, Hail Mary (10), Glory Be

Veneration of the Icon

Priest: Lord and Divine Master of all that exists,
long have your people of the diocese venerated the icon of your Holy Mother, Our Lady of Perpetual Help.

As we stand devoutly before her icon
and give her homage, forgive us for the times
when we have not lived up to the dignity
of being your children.

Protect us from all evil and call us forward into a time
where we share your love in deed and truth.

All: Amen



We are invited to venerate the icon of Our Lady of Perpetual Help.

Those present in the cathedral may come forward and place a flower as a sign of homage to Our Lady.

This can be done in silence, with quiet music or Marian hymns

Prayer Before the Icon



O God, Father of mercies,
your Only Begotten Son, as he hung upon the Cross,
chose the Blessed Virgin Mary, his Mother,
to be our Mother also.

Grant, we pray, that with her loving help your Church may be more fruitful day by day and, exulting in the holiness of her children, may draw all families to her embrace.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

All Amen.

God's Word For Us Today (John 19:25-27) ²

A reading from the Holy Gospel according to John

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.

Reflection on the Gospel *Spend a few minutes contemplating the short reflection below:*

The words of Our Lord to His beloved disciple, "Behold your mother," are an invitation to contemplate Mary. Kneeling reverently before the icon of the Blessed Virgin Mary of Perpetual Help, the words of the Crucified invite us to behold our Mother as she is depicted in her miraculous image. "And from that hour the disciple took her into his home" (Jn 19:27). Wherever the image of Our Lady of Perpetual Help is given a place of honour, Mary herself is welcomed and received there. It has been said that there is scarcely a family in Ireland without an image of Our Lady of Perpetual Help. There are similar reports from the Philippines and from Haiti. Her image is also much loved on the sub-continent. When families, parish communities, and individuals welcome an image of Our Lady of Perpetual Help they are, in effect, imitating the Apostle Saint John. The presence of the icon expresses a spiritual desire to abide with Mary and to remain beneath her gaze.

Responsorial Psalm (Ps 97) ³

Reader Sing to the Lord a new song, for he has done marvellous deeds.

All Sing to the Lord a new song, for he has done marvellous deeds.

Reader Sing a new song to the Lord
for he has worked wonders.
His right hand and his holy arm
have brought salvation.

All Sing to the Lord a new song, for he has done marvellous deeds.

Reader The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

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³ Psalm 97 from the Lectionary for Mass © 1997, 1981, 1968, ICEL Inc, All rights reserved.

All Sing to the Lord a new song, for he has done marvellous deeds.

Reader All the ends of the earth have seen
the salvation of our God.
Shout to the Lord all the earth,
ring out your joy.

All Sing to the Lord a new song, for he has done marvellous deeds.



Prayers of Intercession

Priest On this day, as we celebrate the Solemnity of Our Lady of Perpetual Help, Patroness of our Diocese, let us pray humbly to her Son.

Reader For the reunion of those who believe in Christ:
that the love of the Mother of God may help them one day to recover true
fraternity. Let us pray to the Lord.

All **Son of the living God, hear us!**

Reader For the Catholic Church in Australia:
that our communities may respond to the call of the of the Plenary Council
2021 and discern the whisperings of the Holy Spirit.
Let us pray to the Lord.

All **Son of the living God, hear us!**

Reader For those who govern us:
that they may always seek to foster peace among the nations.
Let us pray to the Lord.

All **Son of the living God, hear us!**

Reader For all those who are sick, in spirit, mind or body:
that by the intercession of the Virgin Mary
they may be delivered from their pain.
Let us pray to the Lord.

All **Son of the living God, hear us!**

Reader For those who are in distress and who labour under heavy burden, especially as a result of the pandemic:
that, by the intercession of Mary, Mother of Mercy, they may find the comfort they need. Let us pray to the Lord.

All Son of the living God, hear us!

Reader For ourselves, who joyfully put our trust in the protection of Mary, our Mother:
that in our life we may imitate her virtues of trust and simplicity.
Let us pray to the Lord.

All Son of the living God, hear us!

We pray in silence for our own intentions.

Priest Remember your Church, O Lord, and deliver us from present challenges that seek to overshadow and diminish us. We ask you to hear our humble prayers for they are presented to you through the intercession of the Mother of Jesus Christ, our Saviour.

All Amen.

Blessing of Medals and Rosaries

All are invited to hold their rosaries and medals aloft for blessing

Priest Blessed be your name, O Lord;
You are the fount and source of every blessing,
and you look with delight
upon the devout practices of the faithful.
Draw near, we pray,
to these your people and,
as they use these symbols
of their faith and devotion to you,
grant that they may also strive
to be transformed
into the likeness of Christ, your Son,
who lives and reigns with you for ever and ever.

All Amen



Final Blessing

Priest Eternal God and Father,
by whose power we are created and by whose love we are redeemed:
guide and strengthen us by your Spirit,
that, like Mary, our Good Mother, we may give ourselves to your service,
and live this day in love to one another and to you;
through Jesus Christ your Son our Lord.

All: Amen.

**“In dangers, in doubts, in difficulties,
think of Mary, call upon Mary.
Let not her name depart from your lips,
never suffer it to leave your heart.
And that you may obtain the assistance of her prayer,
neglect not to walk in her footsteps.
With her for your guide, you shall never go astray;
invoking her, you shall never lose heart.”**

St Bernard of Clairvaux

Hymn Suggestions

Hail Mary (OF/GLM)	My Spirit Sings (CWB2/FIWS)
Hail Mary, Full of Grace (SOM)	Our Lady of the Southern Cross (PP)
Hail Mary, Gentle Woman (CWB2/GA/GP1)	Our Lady of the Way (MROJ)
Hail Queen of Heaven (CWB1&2/GA)	Our Lady Help of Christians (IJH)
Help of Christians (CWB1&2)	Salve Regina (CWB1&2/GA)
Immaculate Mary We Praise God (CWB1&2/GA)	Servant of the Word (CWB2)
In the Footsteps of Jesus (MROJ)	Standing by the Southern Cross (SYJ)
Magnificat (GA)	Sub Tuum Praesidium (CWB2)
Many Roads One Journey (MROJ)	The Magnificat (AOV1)
Mary, A Woman of Faith (LTMYW/MPC/SOM)	There Is Nothing Told (CWB2/GA)
Mary Our Mother (LC/SOM)	We Walk With Mary (IJH)

Music Codes

AOV	As One Voice, volumes 1 & 2
CWB	Catholic Worship Book, volumes 1 & 2
FIWS	Forever I Will Sing - Michael Mangan (Litmus Productions)
GA	Gather Australia
GLM	God Loves Me – John Burland
GP1	Glory & Praise – St Louis Jesuits
IJH	In Joyful Hope – John Burland
LC	Let’s Celebrate! – John Burland
LTMYW	Lord, Teach Me Your Ways – John Burland
MPC	Move, Pray, Celebrate – John Burland
MROJ	Many Roads, One Journey – Andrew Chinn
OF	One Family – John Burland
PP	People of Peace – Andrew Chinn
SOM	Songs of Mary – John Burland
SYJ	Sing Your Joy - Michael Mangan (Litmus Productions)

