

## The Most Holy Body & Blood of Christ

Sunday 22nd June

#### First Reading Genesis 14:18-20

Year C

A reading from the book of Genesis

#### Melchizedek brought bread and wine.

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

#### Responsorial Psalm Ps 109:1-4. R. v.4

(R.) You are a priest for ever, in the line of Melchizedek.

- The Lord's revelation to my Master:
   'Sit on my right:
   I will put your foes beneath your feet.' (R.)
- 2. The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. (R.)
- A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. (R.)
- 4. The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.' (R.)



## Second Reading 1 Corinthians 11:23-26

A reading from the first letter of St Paul to the Corinthians

# Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord

#### **Gospel Acclamation John 6:51-52**

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

#### Gospel Luke 9:11-17

A reading from the holy Gospel according to Luke

#### They all ate and were filled.

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

#### The Gospel of the Lord

## St. Mary's Parish Cowes Three Churches—One Parish

St Mary's—Cowes

Our Lady Star of the Sea—San Remo

St. Joseph's—Bass

Parish Priest: Father Manny Lomagno Parish Secretary: Kerry Laughton-McConnon

6 Cowes Rhyll Road Cowes 3922 PO Box 878 Cowes 3922 Telephone 59 525 418 Email cowes@cdsale.org.au

Office Hours: Wednesday 9.30am -2.30pm Parish Safeguard Officer: Brendan Marrinon.

## Mass/Liturgy of the Word with Holy Communion Times



Tuesday 9.15am Mercy Prayer followed by the Rosary & Mass at 10am.

Mass Saturday 6pm

#### St Joseph's—Bass

Mass Sunday 11 am

Liturgy of the Word & Holy Communion—Wed 9am

Adoration & Prayer Wed 9.30am-10am & 7-8pm

St Mary's—Cowes Wednesday & Friday Mass 9.00 am.

Mass Sunday 9am.

Anniversaries: We remember and pray for John Dwyer, Margaret Mc Rae, Phyllis Malloy, Ted Van Boom, Fr. Frank Carroll,

Solemnity: The Nativity of St. John the Baptist, Tuesday 24th June. The Most Sacred Heart of Jesus, Friday 27th June.

Bass Prayer Group on Monday 23rd June at 7pm.Contact Wendy Power 56 782271. All



St. Mary's Parish Cowes



#### News from Our Lady Star of the Sea

On Thursday, we held our second Prep classroom open morning for prospective enrolments for 2026. It was lovely to see the way our Prep students work so well during this time. Our first rule at school is to

be kind. On Friday, we participated in B Kinder Day. The purpose of this day is to discuss kindness, empower and inspire people to remind us that our actions do matter, and we have the power to make a difference through kindness. We were all kind to ourselves by wearing our PJs to school. We are reminded in Jn 13 34-35, Love one another as I have loved you'.

#### St. Vincent de Paul Winter Appeal.

There will be a leaving Collection on the weekend of the 28/29th June. Envelopes are now available.



The Bishops Commission for Social Justice, Mission and Service has reiterated Pope Leo XIV's call for peace in Gaza, urging immediate dialogue and access to humanitarian aid for those suffering. Read the full statement at:

I cdsale.org.au/news/bishops-call-for-peace

I Or scan the QR code



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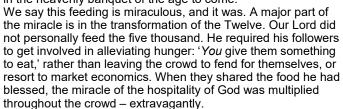
#### REFLECTION

by Fr Michael Tate

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Tasting the Future

The feeding of the five thousand in today's Gospel is one of those anticipatory sharings in the heavenly banquet of the age to come.



And so Our Lord gave his followers and the crowd a real taste of the future generosity of God in the heavenly banquet. But, it would not have happened had the inner groups of disciples not shared Jesus' vision and got involved in what seemed to be an impossible task.

The Last Supper was the greatest anticipatory meal which Our Lord shared with his disciples. And, at Mass, we are eating and drinking the *glorified* humanity of our *Risen* Lord Jesus Christ: the life of the future.

We could pause for a moment to identify the myriad of hungers in this world and resolve to fulfil Our Lord's Command: 'You give them something to eat'! so that Divine Generosity might transform human history.

#### Jubilee of Clergy and Religious

You are Cordially invited to the Jubilee of Clergy and Religious

Held at St. Laurence's Church Leongatha

27 Ogilvy Street, Leongatha

Friday 27th June 2025 at 4.00pm

Mass will be Celebrated by Bishop Greg Bennet

Adoration of the Blessed Sacrament will be held at St Joseph's Church Korumburra 6 Guys Road Korumburra from 12.00pm to 3.30pm

Praying for Vocations

#### Our Lady Star of the Sea Primary School Cowes

An exciting opportunity exists at Our Lady Star of the Sea School for an experienced and enthusiastic Full Time Education Support Officer - Fixed Term

commencing July 21st 2025.

Forward applications to the principal:

Mrs. Catherine Blackford

Email: info@olsscowes.catholic.edu.au

Our Lady Star of the Sea Primary School

6 Cowes-Rhvll Road, Cowes 3922

Phone: 5951 1700

Applications close: Wednesday 25th June, 2025

Our Lady Star of the Sea is committed to the safety, wellbeing & inclusion of all children

Bj'S Mowing & Garden. Blocks slashed, Household lawns, Holiday Homes. Weed spraying & Green waste removal. Free quotes. Call Brendan 0414 463 395 or visit www.bjsmowing.com.au

